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xello

# ASCA Mindsets & Behaviors and Xello





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**Xello's future readiness model helps meet the ASCA Mindsets & Behaviors for Student Success. This document highlights the specific components and interactive lessons in Xello that support these learning objectives.**



## Mindsets Standards

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being</b></p>	<p>DPAD Reflection Questions</p> <p>SUPPLEMENTARY ACTIVITIES Me Collage “About Me” Bag My Family Story</p>	<p>ABOUT ME Interests Skills School Subjects Achievements</p> <p>LESSONS Interests Skills Learning and Future Success Goal Setting Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES How Others See Me Balancing Life Roles Integrity</p>	<p>ABOUT ME Experiences Timeline Skills Storyboard</p> <p>LESSONS Skills Transition to High School Workplace Skills and Attitudes Defining Success</p>



## Mindsets Standards

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>M 2. Self-confidence in ability to succeed</b>	DPAD Reflection Activities Stickers (rewards) Badges  MINI GAMES Successfully completing location games Solving the Career Town mystery	ABOUT ME School Subjects Achievements  MY GOALS Goals  LESSONS Skills Learning and Future Success Goal Setting Facing Big Challenges  SUPPLEMENTARY ACTIVITIES Believing You Can Succeed	ABOUT ME Work Experiences Education Experiences Resume Builder  EXPLORING OPTIONS Careers Schools  GOALS & PLANS My Plans College Applications College Planning Knowledge Hub  LESSONS School Subjects at Work Discover Learning Pathways Biases and Career Choices Transition to High School Exploring Career Factors Work Values Study Skills and Habits Workplace Skills and Attitudes Work / Life Balance Entrepreneurial Skills Defining Success



## Mindsets Standards

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>M 3. Sense of belonging in the school environment</b>	SUPPLEMENTARY ACTIVITIES “About Me” Bag Class Citizenship Project	ABOUT ME Interests School Subjects  LESSONS School Subjects  SUPPLEMENTARY ACTIVITIES Belonging to a Community Being Helpful	ABOUT ME Experiences Timeline Skills Storyboard  LESSONS Skills Transition to High School Workplace Skills and Attitudes Defining Success



## Mindsets Standards

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>M 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success</b></p>	<p>SUPPLEMENTARY ACTIVITIES Career Interview</p>	<p>CAREER PROFILES Education and training paths</p> <p>LESSONS Learning and Future Success</p>	<p>ABOUT ME Work Experiences Education Experiences Resume Builder</p> <p>EXPLORING OPTIONS Careers Schools</p> <p>GOALS &amp; PLANS My Plans College Applications College Planning Knowledge Hub</p> <p>LESSONS School Subjects at Work Discover Learning Pathways Biases and Career Choices Transition to High School Exploring Career Factors Work Values Study Skills and Habits Workplace Skills and Attitudes Work / Life Balance Entrepreneurial Skills Defining Success</p>



## Mindsets Standards

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes</b></p>	<p>MINI GAMES            Completing as many tasks as they can before time            Replay to improve score</p>	<p>ABOUT ME            Skills            Achievements            Storyboard</p> <p>MY GOALS            Goals</p> <p>LESSONS            Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES            Trying Your Best            Git Gritty</p>	<p>ABOUT ME            Experiences Timeline            Resume Builder            Skills            Storyboard</p> <p>LESSONS            Skills            Transition to High School            Workplace Skills and Attitudes            Defining Success</p>





## Mindsets Standards

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>M 6. Positive attitude toward work and learning</b></p>	<p>MINI GAMES Trying out occupational tasks</p> <p>CHARACTERS People Profiles</p>	<p>ABOUT ME School Subjects Achievements</p> <p>MY GOALS Goals What I Want to Be</p> <p>CAREER PROFILES Like Career function</p> <p>LESSONS Learning and Future Success School Subjects</p> <p>SUPPLEMENTARY ACTIVITIES Comparing Careers Believing You Can Succeed School's Like Work</p>	<p>ABOUT ME Work Experiences Education Experiences Resume Builder</p> <p>EXPLORING OPTIONS Careers Schools</p> <p>GOALS &amp; PLANS My Plans College Applications College Planning Knowledge Hub</p> <p>LESSONS School Subjects at Work Discover Learning Pathways Biases and Career Choices Transition to High School Exploring Career Factors Work Values Study Skills and Habits Workplace Skills and Attitudes Work / Life Balance Entrepreneurial Skills Defining Success</p>



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-LS 1. Demonstrate critical-thinking skills to make informed decisions</b>	MINI GAMES Hospital Solving the final mystery  DPAD Stickers  SUPPLEMENTARY ACTIVITIES Secret Code Game Missing Words Career Interview	MY GOALS Goals  LESSONS Goal Setting  SUPPLEMENTARY ACTIVITIES Information Literacy	LESSONS Decision Making Time Management Work Values Choosing a College Career Backup Plans
<b>B-LS 2. Demonstrate creativity</b>	MINI GAMES Art Gallery  SUPPLEMENTARY ACTIVITIES Detective Me Secret Code Game Dear Future Me... Community Scavenger Hunt & Paper Mural	ABOUT ME Storyboard	ABOUT ME Resume Builder Storyboard  ASSIGNMENTS (Educator provided)



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-LS 3. Use time-management, organizational and study skills</b>	MINI GAMES Hospital	MY GOALS Goals  SUPPLEMENTARY ACTIVITIES Trying Your Best	ABOUT ME Learning Styles  LESSONS Time Management Explore Learning Styles Skills Study Skills and Habits Workplace Skills and Attitudes
<b>B-LS 4. Apply self-motivation and self direction to learning</b>	MINI GAMES Gameplay is self-directed	ABOUT ME Interests School Subjects  MY GOALS Goals  SUPPLEMENTARY ACTIVITIES Trying Your Best	ABOUT ME Volunteer Experiences Education Experiences Life Experiences Interests  LESSONS Interests School Subjects at Work Discover Learning Pathways Study Skills and Habits Choosing a College Defining Success



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-LS 5. Apply media and technology skills</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Secret Code Game	ABOUT ME Storyboard  SUPPLEMENTARY ACTIVITIES Comparing Careers Information Literacy	ABOUT ME Storyboard  ASSIGNMENTS (Educator provided)
<b>B-LS 6. Set high standards of quality</b>	DPAD My Files	ABOUT ME Achievements Storyboard  MY GOALS Goals  LESSONS Goal Setting  SUPPLEMENTARY ACTIVITIES Trying Your Best Information Literacy	ABOUT ME Resume Builder Storyboard  ASSIGNMENTS (Educator provided)



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>B-LS 7. Identify long- and short-term academic, career and social/emotional goals</b></p>	<p>DPAD Reflection Questions My Files</p> <p>SUPPLEMENTARY ACTIVITIES Dear Future Me...</p>	<p>MY GOALS Goals What I Want to Be</p> <p>LESSONS Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES Get Gritty</p>	<p>ABOUT ME Favorite Clusters</p> <p>EXPLORE OPTIONS Careers Schools</p> <p>GOALS &amp; PLANS My Plans College Applications Local Scholarships</p> <p>LESSONS Discover Learning Pathways Getting Experience Work Values Program Prospects Careers and Lifestyle Costs Choosing a College Work/Life Balance Defining Success</p>



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-LS 8. Actively engage in challenging coursework</b>	DPAD My Files  MINI GAMES Stare Detective Rhyme Time Missing Words	ABOUT ME School Subjects Storyboard  MY GOALS Goals  LESSONS Learning and Future Success School Subjects  SUPPLEMENTARY ACTIVITIES Believing You Can Succeed Trying Your Best	ABOUT ME Resume Builder Storyboard  GOALS & PLANS Course Planner



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions</b></p>	<p>CAREER TOWN MYSTERY Deciphering whereabouts from clues</p> <p>SUPPLEMENTARY ACTIVITIES Secret Code Game</p>	<p>ABOUT ME Storyboard</p> <p>MY GOALS Goals What I Want to Be</p> <p>LESSONS Interests Skills Learning and Future Success Goal Setting Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES Comparing Careers Trying Your Best Information Literacy</p>	<p>ABOUT ME Storyboard</p> <p>GOALS &amp; PLANS College Planning Knowledge Hub</p> <p>LESSONS Decision Making Biases and Career Choices Explore Career Factors Work Values Work / Life Balance Defining Success</p>



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-LS 10. Participate in enrichment and extracurricular activities</b>	DPAD Reflection questions My Files  SUPPLEMENTARY ACTIVITIES Class Speaker/Field Trip	ABOUT ME Interests Storyboard	ABOUT ME Life Experiences Interests Resume Builder  LESSONS Interests Transition to High School Getting Experience





## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-SMS 1. Demonstrate ability to assume responsibility</b>	DPAD Reflection questions My Files	ABOUT ME Achievements  MY GOALS Goals  LESSONS Goal Setting Facing Big Challenges  SUPPLEMENTARY ACTIVITIES Integrity	ABOUT ME Work Experiences Volunteer Experiences Life Experiences Resume Builder  GOALS & PLANS College Applications College Planning Knowledge Hub  LESSONS Self-Advocacy Study Skills and Habits Workplace Skills and Attitudes



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-SMS 2. Demonstrate self-discipline and self-control</b>	DPAD Reflection questions	ABOUT ME Achievements  MY GOALS Goals  SUPPLEMENTARY ACTIVITIES How Others See Me School's Like Work	ABOUT ME Experiences Timeline Resume Builder  GOALS & PLANS My Plans College Applications Local Scholarships  LESSONS Time Management Study Skills and Habits Workplace Skills and Attitudes
<b>B-SMS 3. Demonstrate ability to work independently</b>	MINI GAMES Students play independently  SUPPLEMENTARY ACTIVITIES My Family Story	ABOUT ME Storyboard	ABOUT ME Experiences Timeline Resume Builder Storyboard  GOALS & PLANS College Applications Local Scholarships  LESSONS Time Management Study Skills and Habits Workplace Skills and Attitudes



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-SMS 4. Demonstrate ability to delay immediate gratification for longterm rewards</b>	CAREER TOWN MYSTERY Play mini-game locations to gather clues for the last showdown	MY GOALS Goals  LESSONS Goal Setting  SUPPLEMENTARY ACTIVITIES Get Gritty	GOALS & PLANS My Plans  LESSONS Decision Making Time Management Careers and Lifestyle Costs Study Skills and Habits Work / Life Balance Defining Success



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals</b></p>	<p>CAREER TOWN MYSTERY Mini-games and clues</p>	<p>ABOUT ME Achievements</p> <p>MY GOALS Goals</p> <p>LESSONS Learning and Future Success Facing Big Challenges Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES Get Gritty</p>	<p>ABOUT ME Life Experiences Resume Builder Storyboard</p> <p>GOALS &amp; PLANS My Plans College Applications Local Scholarships</p> <p>LESSONS Decision Making Biases and Career Choices Transition to High School Choosing a College Career Backup Plans Defining Success</p>



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-SMS 6. Demonstrate ability to overcome barriers to learning</b>	DPAD My Files	ABOUT ME School Subjects  MY GOALS Goals  LESSONS Skills Learning and Future Success Facing Big Challenges  SUPPLEMENTARY ACTIVITIES How Others See Me Get Gitty	ABOUT ME Learning Styles Education Experiences Resume Builder Storyboard  LESSONS Decision Making Explore Learning Styles Discover Learning Pathways Transition to High School Study Skills and Habits Choosing a College
<b>B-SMS 7. Demonstrate effective coping skills when faced with a problem</b>	DPAD My Files	ABOUT ME Achievements Storyboard  LESSONS Facing Big Challenges  MY GOALS Goals	ABOUT ME Experiences Timeline Storyboard  LESSONS Decision Making Self-Advocacy Study Skills and Habits Career Backup Plans



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-SMS 8. Demonstrate the ability to balance school, home and community activities</b>	DPAD My Files	ABOUT ME Storyboard Achievements  SUPPLEMENTARY ACTIVITIES Balancing Life Roles	ABOUT ME Experiences Timeline Resume Builder  LESSONS Transition to High School Exploring Career Factors Work Values Work / Life Balance Defining Success
<b>B-SMS 9. Demonstrate personal safety skills</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Community Scavenger Hunt Class Citizenship Project	ABOUT ME Storyboard	ABOUT ME Resume Builder Storyboard  ASSIGNMENTS (Educator provided)



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities</b></p>	<p>DPAD My Files</p>	<p>ABOUT ME Interests Skills Storyboard</p> <p>MY GOALS Goals</p> <p>LESSONS Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES Balancing Life Roles</p>	<p>ABOUT ME Experiences Timeline Resume Builder</p> <p>GOALS &amp; PLANS College Applications Local Scholarships Course Planning</p> <p>LESSONS Time Management Transition to High School Getting Experience Study Skills and Habits Workplace Skills and Attitudes Work / Life Balance</p>



## Behavior Standards - Social Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<p><b>B-SS 1. Use effective oral and written communication skills and listening skills</b></p>	<p>MINI GAMES Listening to instructions and career Info</p> <p>SUPPLEMENTARY ACTIVITIES Detective Stories My Family Story</p>	<p>ABOUT ME Skills School Subjects Achievements Storyboard</p> <p>MY GOALS Goals</p> <p>LESSONS Interests Skills Learning and Future Success School Subjects Goal Setting Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES Belonging to a Community</p>	<p>ABOUT ME Resume Builder Skills Storyboard</p> <p>GOALS &amp; PLANS College Applications</p> <p>LESSONS Skills Self-Advocacy Study Skills and Habits Workplace Skills and Attitudes</p>





## Behavior Standards - Social Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-SS 2. Create positive and supportive relationships with other students</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Me Collage Classroom Salad	ABOUT ME Skills Achievements  SUPPLEMENTARY ACTIVITIES Belonging to a Community Empathy Integrity Being Helpful	LESSONS Transition to High School Self-Advocacy
<b>B-SS 3. Create relationships with adults that support success</b>	SUPPLEMENTARY ACTIVITIES Class Speaker/Field Trip Career Interview	ABOUT ME Storyboard  SUPPLEMENTARY ACTIVITIES Being Helpful	ABOUT ME Resume Builder  GOALS & PLANS Recommendation Letters  LESSONS Transition to High School Study Skills and Habits Workplace Skills and Attitudes



## Behavior Standards - Social Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-SS 4. Demonstrate empathy</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Classroom Salad	ABOUT ME Skills Achievements  LESSONS Interests Skills Learning and Future Success  SUPPLEMENTARY ACTIVITIES Empathy	LESSONS Biases and Career Choices Self-Advocacy
<b>B-SS 5. Demonstrate ethical decision making and social responsibility</b>	SUPPLEMENTARY ACTIVITIES Field trip Class Citizenship Project	MY GOALS Goals  SUPPLEMENTARY ACTIVITIES Being Helpful	LESSONS Biases and Career Choices Exploring Career Factors Work Values Workplace Skills and Attitudes
<b>B-SS 6. Use effective collaboration and cooperation skills</b>	SUPPLEMENTARY ACTIVITIES Class Citizenship Project What to Learn	ABOUT ME Skills Storyboard	LESSONS Study Skills and Habits Workplace Skills and Attitudes



## Behavior Standards - Social Skills

STANDARD	XELLO K-2	XELLO 3-5	XELLO 6-12
<b>B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams</b>	SUPPLEMENTARY ACTIVITIES Community Scavenger Hunt & Paper Mural Rhyme Time	ABOUT ME Skills Storyboard	LESSONS Biases and Career Choices Self-Advocacy Study Skills and Habits Workplace Skills and Attitudes
<b>B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary</b>	SUPPLEMENTARY ACTIVITIES Dear Future Me	ABOUT ME Achievements Storyboard  MY GOALS Goals  SUPPLEMENTARY ACTIVITIES Being Helpful	LESSONS Biases and Career Choices Self-Advocacy Workplace Skills and Attitudes
<b>B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment</b>	SUPPLEMENTARY ACTIVITIES Class Citizenship Project Classroom Salad	MY GOALS Goals  LESSONS Facing Big Challenges  SUPPLEMENTARY ACTIVITIES School's Like Work	GOALS & PLANS College Applications  LESSONS Decision Making Time Management Transition to High School Study Skills and Habits Getting Experience Workplace Skills and Attitudes



# Appendix

The following glossary provides descriptions for each of Xello's features.



## Xello K-2 The Game / Glossary

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### Career Town Mystery

The adventure that students embark on in Xello K-2 is a non-violent mystery that underlines not only the variety of work and workers in a community, but the importance of every worker in a community. Workers around Career Town have disappeared from their jobs, causing chaos. They are unharmed, but they have been lured away by Ernestine McNohire, who plans to build her own community on the moon. It's up to your students to save the day!

### Badges

After completing a location, students earn a badge to mark their new knowledge about one of the six career pathways: helping, building and fixing, nature, business, health, and creative.

### Dpad

The Detective Pad (Dpad) functions as a chronicle of the students' progress in the game, a rewards system, a career database where students can learn about different occupations, a record of personal insight and development, and a portfolio for storing and sharing their work.

### Mini-Games

In Xello K-2 Career Town, students explore six locations where characters have similar kinds of jobs or perform similar tasks because they have each chosen careers in the same pathway. Each location includes a 3-minute mini-game, which can be replayed at any time.

### Stickers (rewards)

After completing the mini-game at each location, students earn a sticker depicting a tool, piece of equipment, or other image related to the jobs they've explored or the location itself. They can use these stickers to create scenes in their sticker books. Students earn more stickers whenever they replay the mini-game at a location.

### People Profiles

The Xello K-2 characters identify with one of the six career pathways in the game: health, creative, nature, business, building and fixing, and helping. In the People area of the DPAD, students can indicate which jobs they like by clicking the happy face under the worker's picture in the file.



## Xello K-2 The Game / Glossary

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### Supplementary Activities

Supplementary in-class activities are designed to promote career/life learning aligned with Xello K-2 learning objectives and ASCA mindset and behavior standards.

#### Investigation & Inquiry Supplementary Activities

- Detective Me (Recommended Kindergarten)
- Stare Detective (Recommended Grade 1)
- Detective Stories (Recommended Grade 2)
- Secret Code Game (Bonus Activity)

The investigation and inquiry supplementary activities help foster students' natural curiosity and promote development of critical thinking, problem-solving, communication, and inquiry skills. The activities also underscore the detective motif in Xello K-2 and bring it into the classroom.

#### Me and My Community Supplementary Activities

- Classroom Salad (Recommended Kindergarten)
- Community Scavenger Hunt & Paper Mural (Recommended Grade 1)
- Class Speaker / Field Trip (Recommended Grade 2)
- Class Citizenship Project (Bonus Activity)

The Me and My Community supplementary activities encourage students to engage in their communities (school and neighborhood) and develop the skills, knowledge, and behavior to be responsible and contributing citizens.

#### About Me Supplementary Activities

- Me Collage (Recommended Kindergarten)
- “About Me” Bag (Recommended Grade 1)
- My Family Story (Recommended Grade 2)
- Dear Future Me (Bonus Activity)

In the About Me supplementary activities, students explore and identify their likes and dislikes, feelings, strengths and abilities, interests, and character traits. Students will recognize that these are important factors that make them special, contributing to an overall sense of positive self-concept. The activities also serve as an effective launch point for future investigation into their opportunities and career/life planning.

#### Career / Life Vocabulary Supplementary Activities

- Rhyme Time (Recommended Kindergarten)
- Missing Words (Recommended Grade 1)
- What to Learn (Recommended Grade 2)
- Career Interview (Bonus Activity)

The Career / Life Vocabulary supplementary activities introduce students to key career/life skills vocabulary and concepts.



## Xello 3-5 About Me / Glossary

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### Achievements

Students record the accomplishments that they're most proud of. They pick from categories like School and Learning, Acts of Kindness, and Teamwork, and reflect on why an achievement is important to them.

### Interests

Students identify their personal interests. They can select from predefined lists in categories like Creative Activities and Games and Hobbies, or they can enter their own.

### School Subjects

Students rank 6 subjects in order from most to least favourite. Then, they can rate how much they like what they're learning in each of the subjects.

### Skills

Students identify and rate their skills. They can select from predefined lists in categories like Hands-on and Learning, or they can enter their own.

### Storyboard

Storyboard is a place where students can collect artifacts and evidence for who they are and tell their own story through images, videos, documents, links, and more. Once they add something, they can add reflective comments for why they included it and why it is important to them.

## Xello 3-5 Goals / Glossary

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### My Goals

Students record, plan, and track personal, school, and other goals that they want to accomplish. They also have the chance to start thinking about careers as potential future goals by reflecting on what excites them about the careers they have liked.



## Xello 3-5 Career Profiles / Glossary

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### Career Profiles

Information about careers presented in small, digestible sections and written to an average 3rd grade reading level. Students learn what tasks someone in the career does on the job, where they work, school subjects they use in their work, what they earn, and how they enter the career. There are also fun facts about the career for students to discover.

## Xello 3-5 Lessons / Glossary

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### Interests

(Recommended Grade 3)

Dart has lost his interests! In their quest to help Dart, students explore the importance of interests and the link between interests and activities they can do now and when they're adults. They also have the chance to reflect on one of their interests.

### Skills

(Recommended Grade 4)

Doon needs help saving Fun Fest! In this lesson, students teach Doon about the importance of skills and how they're transferable, and reflect on one of their own skills.

### Learning and Future Success

(Recommended Grade 5)

Dart's been hit with a no-learning curse! Students explore the importance of lifelong learning, link learning activities with their perks, and investigate how a commitment to keep learning can help in a career they like.

### School Subjects

(Recommended Grade 3)

What happens when you cross a science experiment with stinky gym clothes? A slippery slime monster, that's what! Pep and his friends race to save the school, exploring how what they learn in class every day relates to activities outside of school - and hopefully defeating slime creatures!

### Goal Setting

(Recommended Grade 4)

Dax is determined to learn how to do the best cartwheels, but some goal gremlins are out to get in her way. In this lesson, students help Dax's friends explore some of the things that can put goal achievement at risk, and learn strategies for staying on track with their goals.

### Facing Big Challenges

(Recommended Grade 5)

Marsh has been taken by the ogre of Howl Back Forest! As students help Marsh's friends venture deep into the ogre's cave, they learn about the importance of perseverance when faced with big (and small) challenges.





## Xello 3-5 Supplementary Activities / Glossary

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### Supplementary Activities

Supplementary in-class activities are designed to promote career/life learning aligned with Xello 3-5 learning objectives and ASCA mindset and behavior standards.

#### Mindset Supplementary Activities

- Belonging to a Community (Recommended Grade 3)
- Believing You Can Succeed (Recommended Grade 4)
- Balancing Life Roles (Recommended Grade 5)

The Mindset supplementary activities help students develop a positive attitude about themselves, belief in their abilities and potential, and a sense of belonging in their various communities, like school.

#### Self-Management Supplementary Activities

- How Others See Me (Recommended Grade 3)
- Get Gritty (Recommended Grade 4)
- Integrity (Recommended Grade 5)

The Self-Management supplementary activities give students insight into how their behavior and actions influence the way others see and treat them. Students explore personal characteristics such as grit and integrity, and how these traits can help them succeed now and in the future.

#### Learning Skills Supplementary Activities

- Comparing Careers (Recommended Grade 3)
- Trying Your Best (Recommended Grade 4)
- Information Literacy (Recommended Grade 5)

The Learning Skills supplementary activities help students build practical analytical skills as they learn to find, evaluate, and use information. Students also investigate the importance of trying their best at school, and commit to putting their best effort forward.

#### Social Skills Supplementary Activities

- Empathy (Recommended Grade 3)
- School's Like Work (Recommended Grade 4)
- Being Helpful (Recommended Grade 5)

In the Social Skills supplementary activities, students develop the skills and knowledge to build strong relationships with others. Students build empathy, explore ways to help others now and in the future, and learn how the social skills they're developing now can help them navigate the workplace.



## Xello 6-12 About Me / Glossary

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### **Matchmaker Interest Quiz**

The career-match assessment matches students interests directly to careers, allowing students to see exactly why a career is a strong match or not. Transparency enables in-depth reflection on the relationship between careers and the students' own interests.

### **Personality Styles Quiz**

A Personality profile (based on the Holland code) helps students better understand who they are and how that relates to individual occupations.

### **Learning Styles Quiz**

The Learning Styles inventory helps students understand different ways of learning how they best learn.

### **Skills Lab Quiz**

Skills Lab is an assessment that helps students in grades 9–12 understand career fit based on how frequently they'd like to use certain skills.

### **Favorite Clusters**

Students can review the Career Clusters and save their favorites in the About Me section. Students can also see their recommended career clusters and filter their career list by cluster when exploring their options.

### **Life Experiences**

The Learning Styles inventory helps students understand different ways of learning how they best learn.

### **Experiences Timeline**

Students create a graphical timeline of their education, volunteer, life, and work experiences. Entries include names, organizations, and reflective questions.

### **Work Experiences**

Students log their paid and unpaid work experiences in their Experiences timeline, reflecting on what they liked, what they found challenging, and what they learned in each case.

### **Volunteer Experiences**

Students log their volunteer and community service participation in their Experiences timeline, including hours completed, reflecting on what they liked, what they found challenging, and what they learned in each case.

### **Education Experiences**

Students log their educational achievements in their Experiences timeline, reflecting on what they liked, what they found challenging, and what they learned in each case.

### **Resume Builder**

Students take the work they've already done in Xello, including skills, interests, and experiences, and quickly turn it into a professional resume, which they can download and share.



## Xello 6-12 About Me / Glossary

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### Storyboard

Storyboard is a place where students can collect artifacts and evidence for who they are and tell their own story through images, videos, documents, links, and more. Once they add something, they can add reflective comments for why they included it and why it is important to them.

### Skills

Students identify and rate their skills. They can select from predefined lists in categories like Communication & Teamwork, Leadership, and Information & Analysis, or they can enter their own.

### Interests

Students identify their personal interests. They can select from predefined lists in categories like Science & Technology, Arts & Culture, and Clubs & Organizations, or they can enter their own.

### Places

Students map out where they currently live, where they were born, and where their family is originally from.

## Xello 6-12 Explore Options / Glossary

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### Careers

Students can explore richly descriptive, easy-to-understand career profiles with key information on education, workplaces, wages, and job outlook. When students save a career they're interested in, they are prompted to complete additional investigation, rating, and reflection.

### Schools

Students can explore and save engaging, detailed college profiles that include key facts on enrollment, applications, costs, athletics, and majors. An interactive campus map that lets them see what's nearby and take a virtual campus tour using Google Street View.

### Majors

Students can explore and save over a thousand majors with student-friendly descriptions, typical courses, related careers, and schools that offer it.



## Xello 6-12 Goals & Plans / Glossary

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### Course Planning

The Course Plan allows students to create a personalized four-year course plan that fulfills graduation requirements and aligns to students' goals. Integrating student course history, custom course lists, diploma tracking ensures students' plans are complete and accurate.

### College Applications

A suite of tools to help keep students informed and on track with their college applications. It provides a seamless transition from college and career exploration activities to the college application process.

### College Planning Hub

A hub of resources that provide college-bound students with easy access to FAFSA information, College application tools, Local Scholarship information, and an insightful Knowledge Hub.

### College Planning Knowledge Hub

Relevant content to help guide students through the college planning journey using short and digestible articles and videos.

### Local Scholarships

A centralized platform for educators to share local scholarship information with their students.

### My Plans

Connecting the dots between their saved careers, school, and programs/majors, students create visual roadmaps.

### Recommendation Letters

Provides students with a simple workflow to draft and send requests for recommendation letters that includes guidance on what makes a good request.

## Xello 6-12 Dashboard / Glossary

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### Links & Resources

Put links to websites, documents, and other resources right at students' fingertips. Educators can add resources that appear on the dashboard that students see when they log in to Xello.

### Assignments

Students can explore and save over a thousand majors with student-friendly descriptions, typical courses, related careers, and schools that offer it.



## Xello 6-12 Lessons / Glossary

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### Interests

(Recommended Grade 6)

Students reflect on some of the interests they have saved in Xello, explore the link between interests and various careers, and investigate how their interests match up with a career they like.

### School Subjects at Work

(Recommended Grade 6)

Students relate school subjects to various tasks, reflect on their favorite school subject, and explore ways to use their favorite school subject in a career that interests them.

### Explore Learning Styles

(Recommended Grade 7)

After completing the Learning Styles Quiz, students investigate visual, auditory, and tactile learning styles, and explore how understanding their own learning style can help them in school and on the job.

### Biases and Career Choices

(Recommended Grade 7)

Students identify biases of gender, ethnicity, ability, and class in the workplace and explore how biases can influence career choices.

### Time Management

(Recommended Grade 6)

Students explain why time management is important in school and on the job, create a time budget to assess how they currently manage their time, and explore ways to improve their time management skills.

### Decision Making

(Recommended Grade 6)

Students understand the importance of making informed, responsible decisions when faced with important choices. They learn about the importance of considering the consequences of potential decisions, explore the difference between gut and logic decisions, and reflect on an important decision they've recently made.

### Discover Learning Pathways

(Recommended Grade 7)

Students investigate their postsecondary pathway options, explore the postsecondary pathways to various careers, and evaluate the pathways they could take to a career that interests them.

### Jobs and Employers

(Recommended Grade 7)

Students explore ways to find employment (e.g. job boards, networking, etc.), reflect on the advantages and disadvantages to various work search strategies, and research potential employers in their community.



## Xello 6-12 Lessons / Glossary

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### Explore Career Matches

(Recommended Grade 8)

After completing the first part of the career-match assessment, students investigate central, secondary, and other aspects of the career match assessment, and how they relate to careers, reflect on their results, and explore the aspects for a career that interests them.

#### Skills

(Recommended Grade 8)

Students explore the skills required to perform a various activities, as well as the link between their skills and career goals.

### Explore Career Factors

(Recommended Grade 9)

Students further explore the Investigate important factors: work/life balance, money, making a difference, education, interests, growth; assess which of these 6 core factors are important to them when making a career decision, and why; and prioritize the 6 core factors that influence their career decisions.

### Getting Experience

(Recommended Grade 9)

Students explore different ways they can get work experience now. They identify several ways to get experience while still in school: community service/volunteerism, co-op programs, part-time job, internships, etc. and assess which type of experience is best suited for their career interests and goals.

### Transition to High School

(Recommended Grade 8)

Students explain why time management is important in school and on the job, create a time budget to assess how they currently manage their time, and explore ways to improve their time management skills.

#### Self-Advocacy

(Recommended Grade 8)

Students understand the concept of self-advocacy, identify situations where they may need to advocate for themselves or issues they may want to advocate for, identify skills and behaviors required to effectively advocate for themselves, such as leadership, confidence, and communication, and explore ways they can advocate for themselves in school, the community, at home, and in a career.

#### Personality Styles

(Recommended Grade 9)

After completing the second part of the career match assessment, students investigate personality styles, and explore how their own personality style can help them at home, school, work, and other areas of their life.

#### Study Skills and Habits

(Recommended Grade 9)

Students identify skills, habits, and behaviors they need to learn successfully in high school, explore potential obstacles to success in their schoolwork (such as lack of motivation, distractions, and lapses in self-confidence), and plan how to develop positive study habits and behaviors.



## Xello 6-12 Lessons / Glossary

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### **Workplace Skills and Attitudes**

(Recommended Grade 10)

Students explore skills and behaviors that employers look for, such as time management (plan/organize work), dependability, good attitude, communication skills, problem solving, etc. Students explain why these skills and behaviors are important to various careers, and how they manifest on the job, assess their own employability skills.

### **Program Prospects**

(Recommended Grade 10)

Students distinguish between different types of postsecondary programs, such as apprenticeships and degree programs, explore career options related to different types of programs, and evaluate their program options in terms of their strengths, academic interests, and career interests.

### **Choosing a College**

(Recommended Grade 11)

Students identify which factors are important to them in a potential postsecondary school, and investigate how a college or university stacks up to their priorities.

### **Entrepreneurial Skills**

(Recommended Grade 11)

Students identify the skills and characteristics that make entrepreneurs successful, investigate paths to becoming an entrepreneur (e.g. starting your own business, buying a franchise, etc.). Students explore the benefits and challenges of becoming an entrepreneur and investigate ways to apply entrepreneurial skills within a career that interests them (develop entrepreneurial opportunities for themselves with any career).

### **Work Values**

(Recommended Grade 10)

Students explore their own work values, and investigate careers that they may find satisfying based on their values.

### **Careers and Lifestyle Costs**

(Recommended Grade 10)

Students identify some of their most important lifestyle goals and assess whether or not they can achieve their lifestyle goals in a career that interests them.

### **Career Demand**

(Recommended Grade 11)

Students learn about job projections and outlook, analyze factors that impact job demand, such as changes in technology, demographics, business practices or production methods, consumer preferences, and workplace restructuring, and explore how their career plans may be shaped by demand for a career that interests them.

### **Work / Life Balance**

(Recommended Grade 11)

Students assess how their current work (school) demands affect family life, free time, etc., identify the work demands of a career of interest, and explore strategies for maintaining a healthy life-work balance now and in the future.



## Xello 6-12 Lessons / Glossary

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### **Defining Success**

(Recommended Grade 12)

Students explore what success means to them in various aspects of life, including their personal life, school, and career, and explore ways they can make a difference and achieve success in a career that interests them.

### **Job Interviews**

(Recommended Grade 12)

Students explore ways to prepare for a job interview, describe their own abilities and qualifications in the context of an interview, investigate job interview questions in the context of a career that interests them, and explore appropriate post-interview behaviours and actions.

### **Career Backup Plans**

(Recommended Grade 12)

Students understand the importance of career backup plans, and explore potential backup careers for themselves.

### **Career Changes**

(Recommended Grade 12)

Students understand the career development is a process of constant change, that flexibility and adaptability can help them continually explore their career options, and the importance of re-evaluating their interests, skills, etc. in order to identify the need or desire for a career change.