

xello

# **ASCA Mindsets & Behaviors and Xello K-5**





Xello's future readiness model helps meet the ASCA  
Mindsets & Behaviors for Student Success.  
This document highlights the specific components  
and interactive lessons in Xello that support these  
learning objectives.



## Mindsets Standards

STANDARD	XELLO K-2	XELLO 3-5
<p><b>M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being</b></p>	<p>DPAD Reflection Questions</p> <p>SUPPLEMENTARY ACTIVITIES Me Collage “About Me” Bag My Family Story</p>	<p>ABOUT ME Interests Skills School Subjects Achievements</p> <p>LESSONS Interests Skills Learning and Future Success Goal Setting Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES How Others See Me Balancing Life Roles Integrity</p>
<p><b>M 2. Self-confidence in ability to succeed</b></p>	<p>DPAD Reflection Activities Stickers (rewards) Badges</p> <p>MINI GAMES Successfully completing location games Solving the Career Town mystery</p>	<p>ABOUT ME School Subjects Achievements</p> <p>MY GOALS Goals</p> <p>LESSONS Skills Learning and Future Success Goal Setting Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES Believing You Can Succeed</p>



STANDARD	XELLO K-2	XELLO 3-5
<p><b>M 3. Sense of belonging in the school environment</b></p>	<p>SUPPLEMENTARY ACTIVITIES            “About Me” Bag            Class Citizenship Project</p>	<p>ABOUT ME            Interests            School Subjects</p> <p>LESSONS            School Subjects</p> <p>SUPPLEMENTARY ACTIVITIES            Belonging to a Community            Being Helpful</p>
<p><b>M 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success</b></p>	<p>SUPPLEMENTARY ACTIVITIES            Career Interview</p>	<p>CAREER PROFILES            Education and training paths</p> <p>LESSONS            Learning and Future Success</p>
<p><b>M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes</b></p>	<p>MINI GAMES            Completing as many tasks as they can before time            Replay to improve score</p>	<p>ABOUT ME            Skills            Achievements            Storyboard</p> <p>MY GOALS            Goals</p> <p>LESSONS            Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES            Trying Your Best            Get Gritty</p>



STANDARD	XELLO K-2	XELLO 3-5
<b>M 6. Positive attitude toward work and learning</b>	MINI GAMES Trying out occupational tasks  CHARACTERS People Profiles	ABOUT ME School Subjects Achievements  MY GOALS Goals What I Want to Be  CAREER PROFILES Like Career function  LESSONS Learning and Future Success School Subjects  SUPPLEMENTARY ACTIVITIES Comparing Careers Believing You Can Succeed School's Like Work



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2	XELLO 3-5
<p><b>B-LS 1. Demonstrate critical-thinking skills to make informed decisions</b></p>	<p>MINI GAMES Hospital Solving the final mystery</p> <p>DPAD Stickers</p> <p>SUPPLEMENTARY ACTIVITIES Secret Code Game Missing Words Career Interview</p>	<p>MY GOALS Goals</p> <p>LESSONS Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES Information Literacy</p>
<p><b>B-LS 2. Demonstrate creativity</b></p>	<p>MINI GAMES Art Gallery</p> <p>SUPPLEMENTARY ACTIVITIES Detective Me Secret Code Game Dear Future Me... Community Scavenger Hunt &amp; Paper Mural</p>	<p>ABOUT ME Storyboard</p>
<p><b>B-LS 3. Use time-management, organizational and study skills</b></p>	<p>MINI GAMES Hospital</p>	<p>MY GOALS Goals</p> <p>SUPPLEMENTARY ACTIVITIES Trying Your Best</p>



STANDARD	XELLO K-2	XELLO 3-5
<p><b>B-LS 4. Apply self-motivation and self direction to learning</b></p>	<p>MINI GAMES Gameplay is self-directed</p>	<p>ABOUT ME Interests School Subjects</p> <p>MY GOALS Goals</p> <p>SUPPLEMENTARY ACTIVITIES Trying Your Best</p>
<p><b>B-LS 5. Apply media and technology skills</b></p>	<p>DPAD My Files</p> <p>SUPPLEMENTARY ACTIVITIES Secret Code Game</p>	<p>ABOUT ME Storyboard</p> <p>SUPPLEMENTARY ACTIVITIES Comparing Careers Information Literacy</p>
<p><b>B-LS 6. Set high standards of quality</b></p>	<p>DPAD My Files</p>	<p>ABOUT ME Achievements Storyboard</p> <p>MY GOALS Goals</p> <p>LESSONS Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES Trying Your Best Information Literacy</p>



STANDARD	XELLO K-2	XELLO 3-5
<p><b>B-LS 7. Identify long- and short-term academic, career and social/emotional goals</b></p>	<p>DPAD Reflection Questions My Files</p> <p>SUPPLEMENTARY ACTIVITIES Dear Future Me...</p>	<p>MY GOALS Goals What I Want to Be</p> <p>LESSONS Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES Get Gritty</p>
<p><b>B-LS 8. Actively engage in challenging coursework</b></p>	<p>DPAD My Files</p> <p>MINI GAMES Stare Detective Rhyme Time Missing Words</p>	<p>ABOUT ME School Subjects Storyboard</p> <p>MY GOALS Goals</p> <p>LESSONS Learning and Future Success School Subjects</p> <p>SUPPLEMENTARY ACTIVITIES Believing You Can Succeed Trying Your Best</p>





STANDARD	XELLO K-2	XELLO 3-5
<p><b>B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions</b></p>	<p>CAREER TOWN MYSTERY Deciphering whereabouts from clues</p> <p>SUPPLEMENTARY ACTIVITIES Secret Code Game</p>	<p>ABOUT ME Storyboard</p> <p>MY GOALS Goals What I Want to Be</p> <p>LESSONS Interests Skills Learning and Future Success Goal Setting Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES Comparing Careers Trying Your Best Information Literacy</p>
<p><b>B-LS 10. Participate in enrichment and extracurricular activities</b></p>	<p>DPAD Reflection questions My Files</p> <p>SUPPLEMENTARY ACTIVITIES Class Speaker/Field Trip</p>	<p>ABOUT ME Interests Storyboard</p>



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2	XELLO 3-5
<b>B-SMS 1. Demonstrate ability to assume responsibility</b>	DPAD Reflection questions My Files	ABOUT ME Achievements  MY GOALS Goals  LESSONS Goal Setting Facing Big Challenges  SUPPLEMENTARY ACTIVITIES Integrity
<b>B-SMS 2. Demonstrate self-discipline and self-control</b>	DPAD Reflection questions	ABOUT ME Achievements  MY GOALS Goals  SUPPLEMENTARY ACTIVITIES How Others See Me School's Like Work
<b>B-SMS 3. Demonstrate ability to work independently</b>	MINI GAMES Students play independently  SUPPLEMENTARY ACTIVITIES My Family Story	ABOUT ME Storyboard



STANDARD	XELLO K-2	XELLO 3-5
<p><b>B-SMS 4. Demonstrate ability to delay immediate gratification for longterm rewards</b></p>	<p>CAREER TOWN MYSTERY Play mini-game locations to gather clues for the last showdown</p>	<p>MY GOALS Goals</p> <p>LESSONS Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES Get Gritty</p>
<p><b>B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals</b></p>	<p>CAREER TOWN MYSTERY Mini-games and clues</p>	<p>ABOUT ME Achievements</p> <p>MY GOALS Goals</p> <p>LESSONS Learning and Future Success Facing Big Challenges Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES Get Gritty</p>
<p><b>B-SMS 6. Demonstrate ability to overcome barriers to learning</b></p>	<p>DPAD My Files</p>	<p>ABOUT ME School Subjects</p> <p>MY GOALS Goals</p> <p>LESSONS Skills Learning and Future Success Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES How Others See Me Get Gritty</p>



STANDARD	XELLO K-2	XELLO 3-5
<p><b>B-SMS 7. Demonstrate effective coping skills when faced with a problem</b></p>	<p>DPAD My Files</p>	<p>ABOUT ME Achievements Storyboard</p> <p>LESSONS Facing Big Challenges</p> <p>MY GOALS Goals</p>
<p><b>B-SMS 8. Demonstrate the ability to balance school, home and community activities</b></p>	<p>DPAD My Files</p>	<p>ABOUT ME Storyboard Achievements</p> <p>SUPPLEMENTARY ACTIVITIES Balancing Life Roles</p>
<p><b>B-SMS 9. Demonstrate personal safety skills</b></p>	<p>DPAD My Files</p> <p>SUPPLEMENTARY ACTIVITIES Community Scavenger Hunt Class Citizenship Project</p>	<p>ABOUT ME Achievements</p>
<p><b>B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities</b></p>	<p>DPAD My Files</p>	<p>ABOUT ME Interests Skills Storyboard</p> <p>MY GOALS Goals</p> <p>LESSONS Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES Balancing Life Roles</p>



## Behavior Standards - Social Skills

STANDARD	XELLO K-2	XELLO 3-5
<p><b>B-SS 1. Use effective oral and written communication skills and listening skills</b></p>	<p>MINI GAMES Listening to instructions and career info</p> <p>SUPPLEMENTARY ACTIVITIES Detective Stories My Family Story</p>	<p>ABOUT ME Skills School Subjects Achievements Storyboard</p> <p>MY GOALS Goals</p> <p>LESSONS Interests Skills Learning and Future Success School Subjects Goal Setting Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES Belonging to a Community</p>
<p><b>B-SS 2. Create positive and supportive relationships with other students</b></p>	<p>DPAD My Files</p> <p>SUPPLEMENTARY ACTIVITIES Me Collage Classroom Salad</p>	<p>ABOUT ME Skills Achievements</p> <p>SUPPLEMENTARY ACTIVITIES Belonging to a Community Empathy Integrity Being Helpful</p>
<p><b>B-SS 3. Create relationships with adults that support success</b></p>	<p>SUPPLEMENTARY ACTIVITIES Class Speaker/Field Trip Career Interview</p>	<p>ABOUT ME Storyboard</p> <p>SUPPLEMENTARY ACTIVITIES Being Helpful</p>



STANDARD	XELLO K-2	XELLO 3-5
<b>B-SS 4. Demonstrate empathy</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Classroom Salad	ABOUT ME Skills Achievements  LESSONS Interests Skills Learning and Future Success  SUPPLEMENTARY ACTIVITIES Empathy
<b>B-SS 5. Demonstrate ethical decision making and social responsibility</b>	SUPPLEMENTARY ACTIVITIES Field trip Class Citizenship Project	MY GOALS Goals  SUPPLEMENTARY ACTIVITIES Being Helpful
<b>B-SS 6. Use effective collaboration and cooperation skills</b>	SUPPLEMENTARY ACTIVITIES Class Citizenship Project What to Learn	ABOUT ME Skills Storyboard
<b>B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams</b>	SUPPLEMENTARY ACTIVITIES Community Scavenger Hunt & Paper Mural Rhyme Time	ABOUT ME Skills Storyboard



STANDARD	XELLO K-2	XELLO 3-5
<b>B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary</b>	SUPPLEMENTARY ACTIVITIES Dear Future Me	ABOUT ME Achievements Storyboard  MY GOALS Goals  SUPPLEMENTARY ACTIVITIES Being Helpful
<b>B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment</b>	SUPPLEMENTARY ACTIVITIES Class Citizenship Project Classroom Salad	MY GOALS Goals  LESSONS Facing Big Challenges  SUPPLEMENTARY ACTIVITIES School's Like Work



# Appendix

The following provides descriptions for each of Xello's features.



### **Career Town Mystery**

The adventure that students embark on in Xello K-2 is a non-violent mystery that underlines not only the variety of work and workers in a community, but the importance of every worker in a community. Workers around Career Town have disappeared from their jobs, causing chaos. They are unharmed, but they have been lured away by Ernestine McNohire, who plans to build her own community on the moon. It's up to your students to save the day!

### **Badges**

After completing a location, students earn a badge to mark their new knowledge about one of the six career pathways: helping, building and fixing, nature, business, health, and creative.

### **Dpad**

The Detective Pad (Dpad) functions as a chronicle of the students' progress in the game, a rewards system, a career database where students can learn about different occupations, a record of personal insight and development, and a portfolio for storing and sharing their work.

### **Mini-Games**

In Xello K-2 Career Town, students explore six locations where characters have similar kinds of jobs or perform similar tasks because they have each chosen careers in the same pathway. Each location includes a 3-minute mini-game, which can be replayed at any time.

### **Stickers (rewards)**

After completing the mini-game at each location, students earn a sticker depicting a tool, piece of equipment, or other image related to the jobs they've explored or the location itself. They can use these stickers to create scenes in their sticker books. Students earn more stickers whenever they replay the mini-game at a location.

### **People Profiles**

The Xello K-2 characters identify with one of the six career pathways in the game: health, creative, nature, business, building and fixing, and helping. In the People area of the DPAD, students can indicate which jobs they like by clicking the happy face under the worker's picture in the file.

### Supplementary Activities

Supplementary in-class activities are designed to promote career/life learning aligned with Xello K-2 learning objectives and ASCA mindset and behavior standards.

#### Investigation & Inquiry Supplementary Activities

- Detective Me (Recommended Kindergarten)
- Stare Detective (Recommended Grade 1)
- Detective Stories (Recommended Grade 2)
- Secret Code Game (Bonus Activity)

The investigation and inquiry supplementary activities help foster students' natural curiosity and promote development of critical thinking, problem-solving, communication, and inquiry skills. The activities also underscore the detective motif in Xello K-2 and bring it into the classroom.

#### Me and My Community Supplementary Activities

- Classroom Salad (Recommended Kindergarten)
- Community Scavenger Hunt & Paper Mural (Recommended Grade 1)
- Class Speaker / Field Trip (Recommended Grade 2)
- Class Citizenship Project (Bonus Activity)

The Me and My Community supplementary activities encourage students to engage in their communities (school and neighborhood) and develop the skills, knowledge, and behavior to be responsible and contributing citizens.

#### About Me Supplementary Activities

- Me Collage (Recommended Kindergarten)
- "About Me" Bag (Recommended Grade 1)
- My Family Story (Recommended Grade 2)
- Dear Future Me (Bonus Activity)

In the About Me supplementary activities, students explore and identify their likes and dislikes, feelings, strengths and abilities, interests, and character traits. Students will recognize that these are important factors that make them special, contributing to an overall sense of positive self-concept. The activities also serve as an effective launch point for future investigation into their opportunities and career/life planning.

#### Career / Life Vocabulary Supplementary Activities

- Rhyme Time (Recommended Kindergarten)
- Missing Words (Recommended Grade 1)
- What to Learn (Recommended Grade 2)
- Career Interview (Bonus Activity)

The Career / Life Vocabulary supplementary activities introduce students to key career/life skills vocabulary and concepts.

## Xello 3-5 About Me / Glossary

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### Skills

Students identify and rate their skills. They can select from predefined lists in categories like Hands-on and Learning, or they can enter their own.

### School Subjects

Students rank 6 subjects in order from most to least favorite. Then, they can rate how much they like what they're learning in each of the subjects.

### Interests

Students identify their personal interests. They can select from predefined lists in categories like Creative Activities and Games and Hobbies, or they can enter their own.

### Achievements

Students record the accomplishments that they're most proud of. They pick from categories like School and Learning, Acts of Kindness, and Teamwork, and reflect on why an achievement is important to them.

### Storyboard

Storyboard is a place where students can collect artifacts and evidence for who they are and tell their own story through images, videos, documents, links, and more. Once they add something, they can add reflective comments for why they included it and why it is important to them.

## Xello 3-5 Goals / Glossary

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### My Goals

Students record, plan, and track personal, school, and other goals that they want to accomplish. They also have the chance to start thinking about careers as potential future goals by reflecting on what excites them about the careers they have liked.

## Xello 3-5 Career Profiles / Glossary

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### Career Profiles

Information about careers presented in small, digestible sections and written to an average 3rd grade reading level. Students learn what tasks someone in the career does on the job, where they work, school subjects they use in their work, what they earn, and how they enter the career. There are also fun facts about the career for students to discover.

## Xello 3-5 Lessons / Glossary

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### Interests

(Recommended Grade 3)

Dart has lost his interests! In their quest to help Dart, students explore the importance of interests and the link between interests and activities they can do now and when they're adults. They also have the chance to reflect on one of their interests.

### Skills

(Recommended Grade 4)

Doon needs help saving Fun Fest! In this lesson, students teach Doon about the importance of skills and how they're transferable, and reflect on one of their own skills.

### Learning and Future Success

(Recommended Grade 5)

Dart's been hit with a no-learning curse! Students explore the importance of lifelong learning, link learning activities with their perks, and investigate how a commitment to keep learning can help in a career they like.

### School Subjects

(Recommended Grade 3)

What happens when you cross a science experiment with stinky gym clothes? A slippery slime monster, that's what! Pep and his friends race to save the school, exploring how what they learn in class every day relates to activities outside of school - and hopefully defeating slime creatures!

### Goal Setting

(Recommended Grade 4)

Dax is determined to learn how to do the best cartwheels, but some goal gremlins are out to get in her way. In this lesson, students help Dax's friends explore some of the things that can put goal achievement at risk, and learn strategies for staying on track with their goals.

### Facing Big Challenges

(Recommended Grade 5)

Marsh has been taken by the ogre of Howl Back Forest! As students help Marsh's friends venture deep into the ogre's cave, they learn about the importance of perseverance when faced with big (and small) challenges.

### Supplementary Activities

Supplementary in-class activities are designed to promote career/life learning aligned with Xello 3-5 learning objectives and ASCA mindset and behavior standards.

#### Mindset Supplementary Activities

- **Belonging to a Community** (Recommended Grade 3)
- **Believing You Can Succeed** (Recommended Grade 4)
- **Balancing Life Roles** (Recommended Grade 5)

The Mindset supplementary activities help students develop a positive attitude about themselves, belief in their abilities and potential, and a sense of belonging in their various communities, like school.

#### Self-Management Supplementary Activities

- **How Others See Me** (Recommended Grade 3)
- **Get Gritty** (Recommended Grade 4)
- **Integrity** (Recommended Grade 5)

The Self-Management supplementary activities give students insight into how their behavior and actions influence the way others see and treat them. Students explore personal characteristics such as grit and integrity, and how these traits can help them succeed now and in the future.

#### Learning Skills Supplementary Activities

- **Comparing Careers** (Recommended Grade 3)
- **Trying Your Best** (Recommended Grade 4)
- **Information Literacy** (Recommended Grade 5)

The Learning Skills supplementary activities help students build practical analytical skills as they learn to find, evaluate, and use information. Students also investigate the importance of trying their best at school, and commit to putting their best effort forward.

#### Social Skills Supplementary Activities

- **Empathy** (Recommended Grade 3)
- **School's Like Work** (Recommended Grade 4)
- **Being Helpful** (Recommended Grade 5)

In the Social Skills supplementary activities, students develop the skills and knowledge to build strong relationships with others. Students build empathy, explore ways to help others now and in the future, and learn how the social skills they're developing now can help them navigate the workplace.