

# **How Xello Supports Wisconsin's Social and Emotional Learning Competencies**



# Social and Emotional Learning Competencies & Xello

Rich SEL skill development is essential for personal, academic, and social success for all ages, and is connected to healthy relationships, mental wellness, and career success.

*Wisconsin Social and Emotional Learning Competencies*

Xello can help students develop their social and emotional competencies beginning in kindergarten and going right up through 12th grade. Through lessons within the program as well as classroom extension activities, Xello offers tools and resources to support students' SEL learning in each of the three domains:

## EMOTIONAL DEVELOPMENT

Understand and manage one's emotions

## SELF-CONCEPT

Develop positive self-identity and recognize self as a lifelong learner

## SOCIAL COMPETENCE

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large

With Xello for Elementary, begin to explore who they are now and what makes them unique. They start to identify their skills and interests. They build an awareness of community, diversity, empathy, and resilience. As students move into middle school and high school, they transition into a new Xello experience that emphasizes ongoing reflection about personal topics including personality, unique interests, and strengths.

The following document identifies the specific in-program activities, missions, lessons, and supplementary activities that support the SEL Competencies identified by the DPI.

# Xello K-2 Competencies Alignment

For Kindergarten to Grade 2 students, Xello for Elementary focuses on helping students build a positive self-concept, while expanding their awareness of different occupations, understanding what the world of work is, and enhancing their understanding of their community.

Xello K-2 content encompasses the following principles:



**Personal-social Development**

Children can develop a concept of self, effective social skills, the ability to adapt to change and growth, and the ability to achieve social and emotional balance when developing career/life readiness strategies.



**Academic Achievement**

Children can strive for achievement and purpose and feel empowered to participate in developmentally beneficial experiences.



**Career Development**

Children can learn to plan effectively, implement strategic decision-making skills, and use relevant information when investigating career/life opportunities.

The program consists of three main components:

- 1. Career Town interactive locations** where students explore different career pathways
- 2. The Detective Pad (Dpad)** functions as a chronicle of students’ progress in the game, a rewards system, a career database where students can learn about different occupations, a record of personal insight and development, and a portfolio for storing and sharing their work.
- 3. Supplementary extension activities** which can be used to introduce and to build on activities in Xello for Elementary as they begin to forge their pathway to future-readiness.

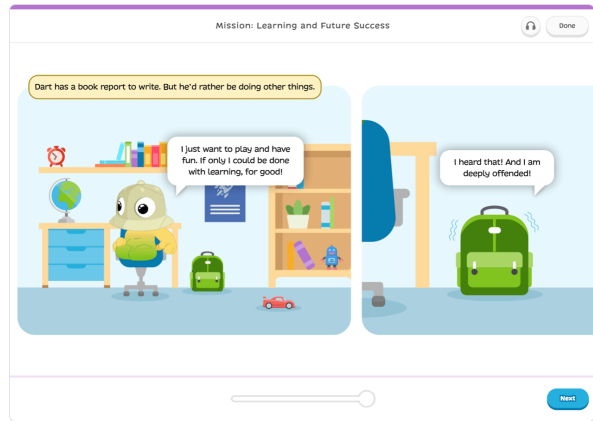
XELLO ACTIVITIES & SUPPLEMENTARY ACTIVITIES	EMOTIONAL DEVELOPMENT	SELF-CONCEPT	SOCIAL COMPETENCE
<p><b>Career Town Locations</b></p> <ul style="list-style-type: none"> <li>• Hospital (Health Path)</li> <li>• Art Gallery (Creative Path)</li> <li>• Farm (Nature Path)</li> <li>• Pet Grooming Shop (Business Path)</li> <li>• Construction Site (Fixing &amp; Building Path)</li> <li>• Career Town Park (Helping Path)</li> </ul>		No. 9	No. 24

XELLO ACTIVITIES & SUPPLEMENTARY ACTIVITIES	EMOTIONAL DEVELOPMENT	SELF-CONCEPT	SOCIAL COMPETENCE
<b>D PAD About Me Activities</b> <ul style="list-style-type: none"> <li>● My Profile</li> <li>● Jobs I Like</li> <li>● My Files</li> </ul>		No. 7, 9	No. 12, 24
<b>Investigation and Inquiry Activities</b> <ul style="list-style-type: none"> <li>● Detective Me (K)</li> <li>● Stare Detective (Grade 1)</li> <li>● Detective Stories (Grade 2)</li> <li>● Secret Code Game (Bonus Activity)</li> </ul>		No. 10	No. 12, 24
<b>About Me Activities</b> <ul style="list-style-type: none"> <li>● Me Collage (K)</li> <li>● "About Me" Bag (Grade 1)</li> <li>● My Family Story (Grade 2)</li> <li>● Dear Future Me (Bonus Activity)</li> </ul>		No. 7, 9, 10	No. 12, 13, 14, 15, 24
<b>Me and My Community Activities</b> <ul style="list-style-type: none"> <li>● Classroom Salad and Friendship Book (K)</li> <li>● Community Scavenger Hunt and Paper Mural (Grade 1)</li> <li>● Class Speaker/Field Trip (Grade 2)</li> <li>● Class Citizenship Project (Bonus Activity)</li> </ul>	No. 5	No. 7, 9, 10	No. 12, 13, 14, 15, 24
<b>Career/Life Skills Vocabulary Activities</b> <ul style="list-style-type: none"> <li>● Rhyme Time (K)</li> <li>● The Missing Words (Grade 1)</li> <li>● "What to Learn" Poll (Grade 2)</li> <li>● Career Interview (Bonus Activity)</li> </ul>			No. 16, 21

# Xello 3-5 Competencies Alignment

Xello’s experience for students in grades 3-5 builds on this early introduction. Students develop greater self-awareness, the ability to self-reflect, and a better understanding of pathways associated with each career. Through story-driven lessons students enhance critical thinking, problem solving, and communication skills introduced in K-2. They come away with the confidence and social-emotional readiness to smoothly transition from elementary to middle school.

- **Missions** are short, interactive digital lessons that serve as ready-made curriculum to help you teach social-emotional skills and key concepts in a fun and engaging way. By completing these story-driven missions, students get a deeper understanding of their interests, skills, and the concept of future success.
- **In-class supplementary activities** help you implement Xello in the classroom. The activity sequences in this package are organized around four key concepts: Mindset, Learning Skills, Self-Management Skills, and Social Skills.



XELLO MISSIONS & SUPPLEMENTARY ACTIVITIES	EMOTIONAL DEVELOPMENT	SELF-CONCEPT	SOCIAL COMPETENCE
<b>Mission:</b> Interests (Grade 3)		No. 7	
<b>Mission:</b> School Subjects (Grade 3)			
<b>Mission:</b> Skills (Grade 4)		No. 7	
<b>Mission:</b> Goal Setting (Grade 4)		No. 10, 11	
<b>Mission:</b> Learning and Future Success (Grade 5)		No. 10, 11	
<b>Mission:</b> Facing Big Challenges (Grade 5)		No. 7, 10, 11	
<b>Mindset Activities</b> <ul style="list-style-type: none"> <li>● Belonging to a Community (Grade 3)</li> <li>● Believing You Can Succeed (Grade 4)</li> <li>● Balancing Life Roles (Grade 5)</li> </ul>		No. 9	No. 12, 14

XELLO MISSIONS & SUPPLEMENTARY ACTIVITIES	EMOTIONAL DEVELOPMENT	SELF-CONCEPT	SOCIAL COMPETENCE
<b>Learning Skills Activities</b> <ul style="list-style-type: none"> <li>• Comparing Careers (Grade 3)</li> <li>• Trying Your Best (Grade 4)</li> <li>• Information Literacy (Grade 5)</li> </ul>		No. 10, 11	
<b>Self-Management Skills Activities</b> <ul style="list-style-type: none"> <li>• How Others See Me (Grade 3)</li> <li>• Get Gritty (Grade 4)</li> <li>• Integrity (Grade 5)</li> </ul>	No. 2	No. 7, 8, 10, 11	
<b>Social Skills Activities</b> <ul style="list-style-type: none"> <li>• Empathy (Grade 3)</li> <li>• School's Like Work (Grade 4)</li> <li>• Being Helpful (Grade 5)</li> </ul>	No. 1, 2, 3, 5, 6	No. 9	No. 12, 20, 23, 24

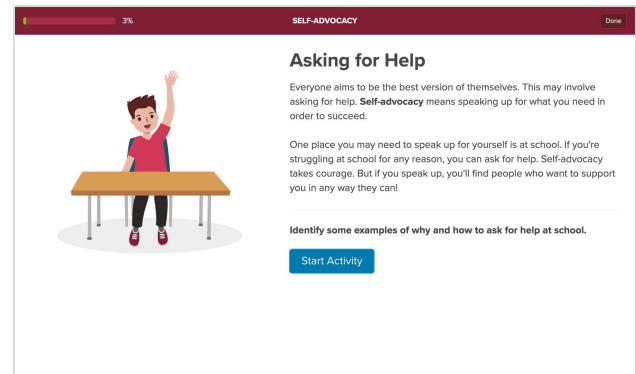


# Xello 6-12 Competencies Alignment

To encourage continuous learning and reassessment, Xello includes age-appropriate content with grade-specific lessons. Each addresses the academic and real-world skills relevant for grades 6–12 to help make students ready for a constantly changing world.

**Lessons** are interactive, fully digital and turn-key. By automatically bringing students’ own saved careers, schools, and interests into the lessons, Xello provides a completely personalized, seamless and relevant learning experience.

Discussion prompts, key vocabulary, and extended lesson plans are available through Xello Support at <https://help.xello.world>.



Here’s how Xello’s interactive lessons line up with the Wisconsin Social and Emotional Learning Competencies:

XELLO LESSONS	REC. GRADE	EMOTIONAL DEVELOPMENT	SELF-CONCEPT	SOCIAL COMPETENCE
Decision Making	6		No. 11	No. 20
Interests	6		No. 7	
School Subjects at Work	6		No. 7	
Time Management	6	No. 4		
Biases and Career Choices	7	No. 5	No. 9	No. 13, 14, 21
Discover Learning Pathways	7		No. 7	
Explore Learning Styles	7		No. 7	
Jobs and Employers	7			
Explore Career Matches	8		No. 7	
Self-Advocacy	8	No. 5	No. 9	No. 15, 16, 22, 23, 24

<b>XELLO LESSONS</b>	<b>REC. GRADE</b>	<b>EMOTIONAL DEVELOPMENT</b>	<b>SELF-CONCEPT</b>	<b>SOCIAL COMPETENCE</b>
Skills	8		No. 7	
Transition to High School	8	No. 3*	No. 11	No. 23
Exploring Career Factors	9		No. 9	No. 23, 24
Getting Experience	9		No. 7	
Personality Styles	9		No. 7	
Study Skills and Habits	9	No. 4	No. 11	
Careers and Lifestyle Costs	10		No. 8	
Program Prospects	10			
Work Values	10	No. 5	No. 8	No. 13, 14, 16, 20
Workplace Skills and Attitudes	10			No. 13, 14, 20
Career Demand	11			
Choosing a College	11	No. 3*		
Entrepreneurial Skills	11			
Work/Life Balance	11		No. 8	
Career Backup Plans	12	No. 4	No. 10, 11	
Career Path Choices	12		No. 7, 10	
Defining Success	12	No. 4	No. 8, 9, 10, 11	
Job Interviews	12			No. 20

\* The Transition to High School and Choosing a College lessons specifically address the anxiety related to these critical milestones in students' lives.