

What Would You Do?



Concept
**Self-Management
Skills**



Length
15-20 Minutes

Inquiry Prompts

- What is integrity?
- Why should you act with integrity?
- When can your decisions hurt someone else?

Instructions

In this activity, students reflect on what they would do in a bullying scenario. However, when discussing the scenarios, prompt students for examples of what people could do, and not necessarily what they themselves would do. That way, their reflections can stay private.

- 1 Ask students to think about what they would do in the following situation: Someone in class sends a group text to make fun of another student behind their back. The student doesn't know about the bullying. What do you do?
- 2 Ask students to help you list all of the possible actions (for example, you could text back, keep quiet, tell the bully to knock it off, tell a teacher).
- 3 Survey the class to see which option they think shows the most integrity. Now ask them to think again about how they would react. Did they choose the path of integrity?

Message for students: C.S. Lewis defined integrity as doing the right thing even when no one is looking. It's telling the truth, and acting in line with your values and principles. What are the consequences of not acting with integrity in the scenario? How could your choice affect others' feelings and well-being?

Materials Required

- None for this activity

Artifacts

None for this activity.