

Empathy Maps



Concept
Social Skills



Length
15-20 Minutes

Inquiry Prompts

- Why should you care how other people feel?
- How can empathy change someone's behavior?
- How can not having empathy make a situation worse?

Instructions

The purpose of this activity is to have students practice being empathic by analyzing what a character may be thinking, feeling, doing, or saying in a sample scenario.

- 1 Arrange students in small groups.
- 2 Hand out [empathy maps](#) to each student.
- 3 Hand a set of [empathy prompts](#) to each group.
- 4 Ask students to pick a prompt from the cards you just gave them. Each person in a group should pick a different prompt.
- 5 Have students fill out the empathy map, describing what the person may be experiencing in the scenario.
- 6 After students have had a chance to fill out their maps, ask for volunteers to explain their map.

Message for students: Understanding how someone else feels takes practice. The more you try it, the better you'll be at it!

Materials Required

- [Empathy Map worksheet](#)
- [Empathy Prompts](#)
- Computers (tablets, phones) with Internet access (if you want to upload student artifacts)

Artifacts

Have students upload their empathy maps to **Storyboard**, or create a display in your classroom.

Empathy Map

Draw and write about what's happening in your prompt

How does the person feel?

What is the person thinking?

What is the person saying?

What is the person doing?

Name: _____

Empathy Map - Prompts



EMPATHY PROMPT

Noah is being bullied by a bigger kid at lunch time.

EMPATHY PROMPT

Liam won first place in the school art fair.

EMPATHY PROMPT

Edmond just moved here from Haiti and is new at school.

EMPATHY PROMPT

Georgia wants to hang out with her big sister and her friends, but they won't let her.

EMPATHY PROMPT

Nobody comes to James' 12th birthday party.

EMPATHY PROMPT

Darius is picked to play the lead in the school play.

Empathy Map - Prompts



EMPATHY PROMPT

Tiana is picked last for the basketball team in gym.

EMPATHY PROMPT

Isaiah sees another student steal someone's bike.

EMPATHY PROMPT

Molly didn't study for the math test the teacher is handing out.

EMPATHY PROMPT

Hiba just scored the winning goal at the big soccer game.

EMPATHY PROMPT

Kabir's older brother is leaving to join the Army.

EMPATHY PROMPT

Jada's mom is late picking her up from school.