

Responsibility Pie



Concept
Mindset



Length
15-20 Minutes

Inquiry Prompts

- What roles do you play in your life?
- How do you spend your time at school?
- How do you spend your time outside of school?
- How do you know what your big priorities are?

Instructions

In this activity, students list all of the responsibilities and activities they perform in a day, and create a pie chart from the results. They then reflect on the breakdown of the pie chart, evaluating how much time they want to spend on their various responsibilities.

- 1 Ask students to think about the roles they have right now, like student, son/daughter, teammate, friend, pet owner etc. Encourage them to consider the kinds of responsibility they have in each of those roles, like doing homework or chores, walking their dog, practicing soccer, etc. You can model this kind of thinking yourself, as you talk about your roles and responsibilities as a teacher, child, parent, etc.
- 2 Give each student a [Responsibility Pie worksheet](#). Ask them to list all the activities and responsibilities they do in a day. Remind students to add activities that they need to do each day, like go to school, eat, shower, brush their teeth, etc. They can choose a typical day or a day that's particularly challenging.
- 3 Next, they should indicate how many hours a day they spend on each activity or responsibilities. Convert each activity into a total percentage of time spent on it during the day.
- 4 In the pie chart, have students color in the percentage of the pie that they devote to each activity. Alternatively, students can add marks to the pie chart to indicate 5-minute marks like a clock. They can fill in the chart in 5-minute increments.
- 5 When finished, students should use the space provided on the worksheet to reflect on how well they feel they are balancing their activities and responsibilities.

Message for students: Even adults struggle to find balance with their responsibilities. The things you *have* to do, like school, are your priorities. Some of the things you *choose* to do can be juggled around to make sure you're not trying to balance too much.

Materials Required

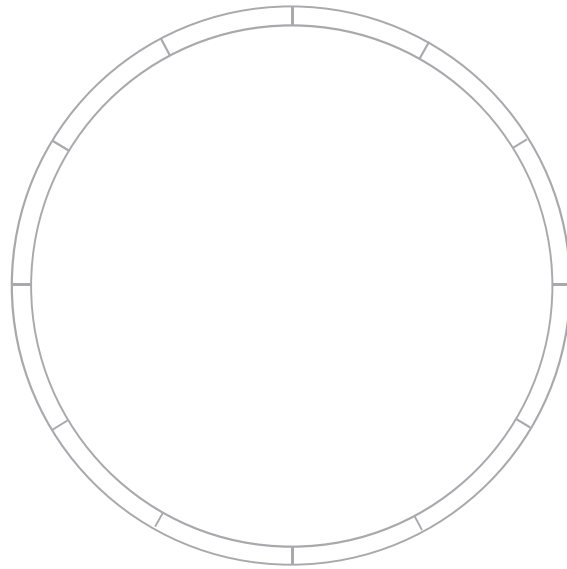
- [Responsibility Pie worksheet](#)
- Protractors and calculators
- Pencils, colored pencils, or markers
- Computers (table, phone) with Internet access (if you want students to upload artifacts)

Artifacts

Students can upload their **Responsibility Pie** charts to Storyboard where they can reflect on how to balance all of the responsibilities of their roles. They can also use the **Goals** section to set goals to find a more manageable balance in their lives.

Responsibility Pie

Think of all the activities you do in a day. List them below and estimate how many minutes you spend on each one. Then convert each activity into a percentage of your time. Remember: 24 hours in a day is equal to 1440 minutes a day. Use that percentage to create and color a wedge that represents the percentage of time you spend on the activity each day.



Activity	Minutes	Activity	Minutes
Sleeping			
School			

How well are you balancing all of your responsibilities? What could you change?

Name: _____